

Get on right lines to hit shots on target

5: Create correct alignment

Many golfers pay a lot of attention to the alignment of their feet at their address position, in order to keep square to their target.

While this is important, the line of the shoulders is even more crucial and must not be ignored. After all, you swing your golf club on the line of your shoulders.

So, when practicing try holding a club along the line of your shoulders, making sure that they are square to your target.

With square shoulders at your address position your club can now travel back on the correct path, and create an on-line position at the top of your back-swing, where your club shaft is parallel to your target line.

Now you are in a good position to bring your club down on the right line and attack the ball from inside your target line.

This will help create more on-target shots, all started by your shoulders being square at your address position.

Next week we go over a practise drill designed to help your balance.



● Andy Lamb demonstrates how to keep your shoulders in line with your feet create the correct alignment for the shot

PGA Advanced Professional Andy Lamb has more than three decades of experience in helping golfers of all ages and abilities. He has coached players from professionals to beginners, worked at tournaments including three Open Championships and written hundreds of articles for national magazines and newspapers. Here Andy, who operates the Andy Lamb Golf Academy at Elton Golf Range in Sandbach, brings you weekly tips in the Chronicle

